

# HEALTH GREENVILLE RANCHERIA

## October is Breast Cancer Awareness Month

1 in 8 women will be diagnosed with breast cancer in their lifetime. A man's lifetime risk of breast cancer is 1 in 1,000.

Symptoms of breast cancer include a lump in the breast, bloody discharge from the nipple, and changes in the shape or texture of the nipple or breast. Treatment depends on the stage of cancer. It may consist of chemotherapy, radiation, and surgery.

Facts about breast cancer in the United States

- One in eight women in the United States will be diagnosed with breast cancer in her lifetime.
- Breast cancer is the most commonly diagnosed cancer in women.
- Breast cancer is the second leading cause of cancer death among women.
- Each year it is estimated that over 252,710 women in the United States will be diagnosed with breast cancer and more than 40,500 will die.
- Although breast cancer in men is rare, an estimated 2,470 men will be diagnosed with breast cancer and approximately 460 will die each year.
- On average, every 2 minutes a woman is diagnosed with breast cancer and 1 woman will die of breast cancer every 13 minutes.

- Over 3.3 million breast cancer survivors are alive in the United States today.

Breast cancer is the most common cancer among women worldwide, claiming the lives of hundreds of thousands of women each year and affecting countries at all levels of modernization.

In recent years, perhaps coinciding with the decline in prescriptive hormone replacement therapy after menopause, we have seen a gradual reduction in female breast cancer incidence rates among women aged 50 and older. Death rates from breast cancer have been declining since about 1990, in part due to better screening and early detection, increased awareness, and continually improving treatment options. Breast self-exams, clinic breast exams and mammograms are all excellent screenings can improve your chances for early detection. When breast cancer is diagnosed early and treated, survival rates can be near 100%.

On October 18th, 2018, the Greenville Rancheria will be offering referrals for mammograms. Please stop by at our medical clinic, located at 1425 Montgomery Road, Red Bluff between the hours of 9:00 am and 2:00 pm for a **THINK PINK** token bag (while supplies last). Wear pink and



show support for breast cancer survivors, patients and their family and friends. With awareness, more affordable screening, better quality of care and new research we can save millions of women's lives.

**SCHEDULE YOUR ANNUAL  
MAMMOGRAM TODAY!**

### HEALTH PROGRAMS

FAMILY PRACTICE

PEDIATRICS

MEDICAL FACILITIES

DENTAL FACILITIES

MEDICAL TRANSPORT WITHIN PLUMAS

AND TEHAMA COUNTIES

COMMUNITY HEALTH REPRESENTATIVES

INDIAN CHILD WELFARE WORKER

DIABETES SERVICES

MENTAL HEALTH SERVICES

DRUG, ALCOHOL AND FAMILY COUNSELOR

8 SUB-SPECIALTIES:

WOMEN'S HEALTH, INTERNAL MEDICINE,

ORTHOPEDICS, PHYSICAL THERAPY,

PSYCHIATRY, CARDIOLOGY,

PULMONOLOGY AND PAIN MANAGEMENT

Se Habla Espanol

PARTICIPATING IN  
COVERED CALIFORNIA  
AND MEDI-CAL  
MANAGED CARE

AS A COURTESY, WE  
WILL BILL MOST INSURANCES

NATIVES  
AND NON-NATIVES

Open for Walk-ins. 8am - 5pm.  
Medical every Saturday, 8am - 5pm and  
Dental every Saturday, 8am - 4:30pm

Transportation available for  
established patients.

RED BLUFF \*TRIBAL HEALTH CENTER 1425 MONTGOMERY ROAD 528-8600 - DENTAL CLINIC 343 OAK STREET 528-3488

GREENVILLE\* MEDICAL CLINIC 284-6135 - DENTAL CLINIC 284-7045 410 MAIN STREET